

October 2024

Dear Candidate

Active Humber: Support us to encourage people across the Humber to benefit from an active lifestyle

Thank you for your interest in Active Humber.

We are currently recruiting for trustee roles on the Board of Active Humber. We believe this is an exciting opportunity for you to make an even greater impact on our work in promoting health and wellbeing through activity.

Active Humber is one of 43 nationwide Active Partnerships who are funded by Sport England to improve lives through physical activity and sport. Our vision is that the Humber is a place where everyone, everyday is physically active. Information about our work and its impact can be found on our website, and we would encourage you to explore the website when considering whether to apply.

Why join our Board of trustees?

As a trustee, you'll play a crucial role in shaping our strategic direction, ensuring that we continue to deliver on our mission. Although this is a voluntary role, it comes with personal and professional benefits:

- **Amplify your impact:** Use your skills and experience to contribute to the strategic decisions that directly influence the success of our programmes.
- **Commitment to the region:** There are some communities in our region who are less likely to take part in physical activity, as a trustee you will have a direct impact on providing access to the benefits of physical activity.
- **Professional development:** Develop skills in governance, strategy, and organisational oversight, all while supporting our programmes of work.
- **Broaden your network:** Collaborate with a passionate group of professionals and stakeholders who are committed to improving health and wellbeing across the Humber.
- **Personal satisfaction:** Deepen your involvement with an organisation that shares your values and make a tangible difference to the lives of others.

What we're looking for:

We're seeking individuals who are enthusiastic about our vision and have the time and skills to contribute to the board. You don't need previous board experience, and we particularly welcome individuals with experience in areas such as:

- Health and social care
- Environmental sustainability matters

- An understanding of equality and inclusivity
- An ability to articulate the voice of communities that are less likely to take part in physical activity (e.g. those over 55, those living with a disability or a long-term health condition, minority ethnic groups).

In addition to maintaining a gender balance on our Board we are also seeking to increase representation from minority ethnic groups and those that are disabled or living with a long-term health condition.

What's involved:

As a trustee, you'll attend quarterly board meetings and may also participate in sub-committees. Your input will be invaluable in steering the charity's strategy, monitoring our performance, and ensuring we achieve our strategic aims. To learn more about what we have achieved and what we are hoping to achieve, [click here](#).

How to apply:

If you're ready to take the next step in your involvement with us, please see the full application pack on this page. Please read this fully to support you in making a decision about whether to apply.

We would suggest an informal discussion with our CEO, David Gent or our Chair, Richard Smith as the first step in your application, or perhaps an informal visit to one of our sub-committee meetings. Please email hr@activehumber.co.uk and we would be happy to arrange this.

If you then wish to go ahead and apply, please follow the instructions in the application pack.

Thank you again for your interest, and we hope you'll consider joining us in this important role!

Best wishes,

Jo Heyworth
HR support for Active Humber

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